

## New Page Life Coaching forthcoming events



On Saturday 19th June I will be leading a Coaching Workshop in the open air at Polis Campsite in Cyprus. This will be part of the annual **Summer Solstice Healing Celebration**, a weekend of workshops, meditations, yoga, drumming, swimming and one-to-one healing sessions on 19-20 June. Entrance and all events are free! If you wish to take part in the whole weekend you can arrange to camp on the site or to stay in other local accommodation. For further details follow the link: <http://www.cyprusspirit.com/sshc.html>

On Sunday 27th June I will be leading a workshop with Selene Adele of Unique Coaching entitled '**Life Coaching with Angels**'. This will be held at The Light House Wellness Centre in Larnaca, Cyprus from 11.00 am to 3.00 pm. The cost of this 4-hour workshop is 60 Euros.

Looking ahead, I will be facilitating a **2-night Spa Retreat at Le Meridien, the award-winning luxury spa resort in Limassol 19-21 November 2010**. I will be joined for this very exciting event by Heleniq Argyrou who will lead a Djembe Drumming workshop, Linda Leblanc, Hemi-Sync facilitator and Elina Papa, Laughter Yoga teacher. The theme for the retreat is 'Freeing the Mind: a Journey of Discovery and Personal Liberation'. Prices for the full weekend with bed and breakfast and 5 workshops start from 255 Euros (plus 5% discount if booked before the end of July).

All these events promise to be enriching and exciting, taking you on a journey of personal discovery and development. Further details can be found on my website: [www.newpagelc.co.uk](http://www.newpagelc.co.uk) where you can also find information of my one-to-one and group coaching sessions. Please do not hesitate to get in touch for more information.

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